

Fairfield Middle School Physical Education

Objective: The physical education program is designed to provide a well-rounded program of individual, team and, lifetime activities. Through the class's activities and instruction students will be given the opportunity to develop emotional, intellectual, physical, and social skills. This program is designed to develop an awareness and appreciation for activity and physical fitness throughout a lifetime.

Dress Code: Fifth and sixth grade students will need to wear sneakers and attire that allows them to move freely while being active. Seventh and eighth grade students will need to change every day for class. Students will need to wear sneakers, t-shirt, and shorts. As temperatures get cooler they may also wear attire that will keep them warm, but allow them to move freely. (Sweat shirt/plants, wind breakers, etc...) Please to do wear school uniforms to PE class.

Excuses: All excuses must be turned into the office

Grading:

10% fitness testing

60 % class participation

15% written tests/quizzes

15% long term projects

Daily Points:

2 pts. For dressing in proper PE attire

4 pts. For actively participating in class

2 pts for good attitude and behavior

2 pts for sportsmanship